



2024

# SPRINT

SAMPLE MENU

## Main

### Chalk Farm

Hot smoked Chalk farmed trout niçoises salad with British grown beans, lemon vinaigrette dressed baby gem, & red chard leaves, saffron perfumed Parisienne, soft boiled egg and baby sea herbs

### Spring Chicken

Wild garlic and fennel blossom marinated Spring chicken breast with a warm runner bean and garden pea verdant salad, and grain mustard sauce

### Plant based

One pot spring cassoulet with roasted plant-based pea and mushroom dumplings with garden beans, pearl shallots and allotment grown leeks and chopped English parsley (VE)

Roasted young potatoes, with smoked rapeseed oil and snipped chive's

Sauteed New season Tenderstem broccoli and British asparagus tips

## Dessert

### Carrot Cheesecake

Carrot cheesecake with a spiced biscuit crumb, stem ginger and vanilla cream roche, candied pumpkin seeds and micro lemon thyme